LIFE IN NATURE ON LAKE MICHIGAN

New Buffalo Times

NEWS $1

THE OFFICIAL NEWSPAPER OF NEW BUFFALO, MICHIGAN • SINCE 1942

CHICAGO • LONG BEACH • MICHIANA SHORES • GRAND BEACH • NEW BUFFALO • UNION PIER • THREE OAKS • LAKESIDE • HARBERT • SAWYER

issue 40, volume 84 www.newbuffalotimes.com Thursday, October 9, 2025

Berrien County Health Department recognizing Breast Cancer Awareness Month and promoting vital screening services **PAGE 3**

Planners recommend rezoning Sawyer Fields parcel to township board **PAGES 4-5**

DDA parking workshop discusses draft parking plan proposal **PAGE 5**

MHS throws down-on-the-farm 'Fur Ball' celebration **PAGE 6**

Lijewski/Lynch dominate to extend perfect football season **PAGE 7**

GOOD PUPPIES...

PETS RECEIVE THEIR BLESSING AT CHURCH OF THE MEDIATOR

— PAGE 18 —

WEEKLY DEALS

SONNY'S TABLE DAILY DEALS

MONDAY
$30 DINNER FOR TWO

TUESDAY
KIDS EAT FREE

WEDNESDAY
½ PRICE WINGS

FRIDAY
SHELLEBRATE HOUR
From 3-6pm
- $1 Oysters (limit 1 dozen)
- $10 Shrimp & Dip Trio
- ½ Price flat breads
- $8 Spritz o'Clock
- $16 Slushies & Sangria Flight

SUNDAY
SONNY SUNDAYS

SONNY D's BAR & GRILL · NEW BUFFALO ·

269-586-3605
SONNYDS.COM

EXCLUSIONS AND RESTRICTIONS MAY APPLY

McGHEE'S
Heating & Air Conditioning

bryant
Heating & Cooling Systems

"Feel at Ease with McGhee's"

We Service All Brands

Ask about our
C.A.R.E CLUB
Maintenance Agreement

Call McGhee's for your Annual Tune-Up

Google Reviews · NATE · BBB A+ ACCREDITED BUSINESS · Angi

(269) 466-0123
www.mcgheesheating.com
7301 Red Arrow Hwy | Stevensville, MI 49127

Barney's
QUANTITY RIGHTS RESERVED

Marinated Meats
Make Meals Easy!
You need to start with a great cut of Meat to wind up with a great meal. And here at barney's, we offer the best!
Prices good
Thursday, Oct 9 thru
Wednesday Oct 15, 2025

USDA CHOICE ANGUS BEEF
PORTERHOUSE STEAK
$14.99 LB

SELECTED VARIETIES
MICHIGAN APPLES
$1.99 LB

ALL NATURAL BONE-IN
CENTER CUT PORK LOIN CHOPS
$3.99 LB

BARNEY'S MARINATED
PORK TENDERLOIN
$4.99 LB

BOAR'S HEAD
MAPLE HONEY HAM
$10.99 LB

PREMIUM GRADE
SCOTTISH SALMON
$11.99 LB

10 N THOMPSON ST, NEW BUFFALO Phone 269-469-1210 OPEN SUN - THUR 7 AM - 9 PM * FRI - SAT 7 AM - 10 PM

New Buffalo Times
LOCAL INTELLIGENCE
— SINCE 1942 —

ETHICS
SOCIETY OF PROFESSIONAL JOURNALISM
MICHIGAN PRESS ASSOCIATION MEMBER

PROPRIETOR
NEW BUFFALO TIMES, INC.

EDITOR
NEW BUFFALO TIMES INTELLIGENCE
EDITORIAL BOARD

CREATIVE DIRECTOR
JOE DURK

REPORTERS/WRITERS
THERESE DONNELLY
FRANCESCA SAGALA
LAWRENCE VON EBELER
KURT MARGGRAF
JACK OLESKER
KAREN EDWARDS
ALEXANDER FATOUROS
SOPHIA R. FATOUROS
STAN MADDUX
KRISTIN E. FATOUROS
NEW BUFFALO TIMES INTELLIGENCE
NEW BUFFALO TIMES POLITICS
GUESTS

QUOTES
DINO N. FATOUROS

PROOFING
FRANCESCA SAGALA

BROADCAST/ADVERTISING
JANINE ADAMSKI 630-370-0820
OR JANINEADAMSKI@GMAIL.COM

SUGGESTIONS, CRITICISM, IDEAS
MEDIA@NEWBUFFALOTIMES.COM

ADVERTISING
MEDIA@NEWBUFFALOTIMES.COM

CLASSIFIED ADS
CLASSIFIEDS@NEWBUFFALOTIMES.COM

SUBSCRIPTIONS
SUBSCRIPTIONS@NEWBUFFALOTIMES.COM

COMMUNICATE DIRECTLY WITH NEW BUFFALO TIMES
INFO@NEWBUFFALOTIMES.COM

Periodical Postage paid in New Buffalo, MI. Postmaster, please send address changes to:
NEW BUFFALO TIMES
PO BOX 369, New Buffalo, MI 49117

©2025 NEW BUFFALO TIMES, INC.
PUBLICATION NUMBER 377960
CIRCULATION 5,000+ WEEKLY

NEW BUFFALO TIMES distribution:
Milda's Corner Market • Sawyer Garden Center • The Whistle Stop
David's Delicatessen • Barney's
Knoll Bros. • Stray Dog
Infusco Coffee Roasters
Black Currant Bakehouse • Redamak's
Between Casey's and Nancy's
Froehlics - Three Oaks • The Lakeside Inn
Michigan City, IN • Chicago, IL
Kalamazoo, MI • Grand Rapids, MI
Three Oaks, MI • Union Pier, MI
Sawyer, MI • St. Joseph, MI

For the most convenient location, you can subscribe to get the *NEW BUFFALO TIMES* in your mailbox or inbox. Please email us for E-TIMES, info@newbuffalotimes.com.

Berrien County Health Department recognizing Breast Cancer Awareness Month and promoting vital screening services

In honor of Breast Cancer Awareness Month, the Berrien County Health Department is reminding the community about its breast cancer risk assessment and screening services.

Based on National Breast Cancer Foundation estimates, nearly 317,000 women and 2,800 men in the U.S. will be diagnosed with invasive breast cancer this year, highlighting the critical need for continued awareness and early detection efforts.

"Breast Cancer Awareness Month is a good reminder to assess your personal risk and to get screened at the right time for early detection," BCHD Nurse Practitioner Jennifer

Parrette said. "Recognizing changes in your body and reporting them early to your health care provider is key since breast cancer is most treatable in its earliest stages."

BCHD advises anyone at high risk for breast cancer – including individuals with a family history of breast cancer or inherited BRCA1 or BRCA2 gene changes – to make an appointment for a breast cancer risk assessment and screening. Individuals older than 40 should receive a clinical breast exam annually.

Breast cancer risk assessment and screening appointments are available at BCHD's Benton Harbor office, 2149 E. Napier Ave., and Niles office, 1205 N. Front St.

Appointments typically last 45 minutes. You can schedule an appointment online or by calling 269.926.7121.

Individuals who schedule an appointment for a breast cancer risk assessment or screening in October will receive a pink ribbon pin courtesy of the Berrien County Cancer Service.

BCHD accepts most health insurance plans, including Medicaid. Individuals ages 40-64 who are uninsured or underinsured and whose income is at or below 250% of the federal poverty guidelines may be able to receive breast cancer risk assessment and screening services at no cost through the Breast and Cervical Cancer Control Program.

For more information about BCHD's breast cancer risk assessment and screening

services, visit www.bchdsexualhealthclinic, or call 269-926-7121. — STAFF REPORTS

Woman pulled from watery grave later dies

A woman pulled from a pick-up truck submerged in Trail Creek at the lakefront in Michigan City has died.

Sherawn Chappel, 50, of Corbin, Kentucky passed away Sunday at a Chicago hospital, according to Michigan City Police.

Police said she and a man also pulled from the truck were listed in critical condition when rescued by divers late in the afternoon on Saturday, Oct. 3.

Police said officers responded to a 911 call about a pick-up truck that drove into Trail Creek.

Chappel and the man, whose identity was not released due to the ongoing investigation, were discovered in the rear passenger compartment of the truck in about eight to ten feet of water, police said.

They were taken by ambulance to Franciscan Health and later transferred to the hospital at the University of Chicago for more advanced treatment.

Police said the man was still hospitalized, but no light was shed on his current condition.

It is not known yet if alcohol or drugs were contributing factors in the crash.

Anyone with information or video of the accident is asked to contact Michigan City Police. — STAN MADDUX

It's worthy of great praise when man shows self-control.
— Dino N. Fatouros

Local Government Meetings

New Buffalo Times

Democracy Requires Transparency

CITY OF NEW BUFFALO
VANCE PRICE, MAYOR
CITY COUNCIL
MARK ROBERTSON, ROGER LIJEWSKI, KAREN GEAR, RICH KNOLL, VANCE PRICE
City Council meets on the 3rd Monday of each month at 6:30PM
CITY OF NEW BUFFALO PLANNING COMMISSION MEETINGS
Meets on the 1st Tuesday of each month at 5:30PM
NEW BUFFALO TOWNSHIP BOARD
HOWARD MALES, MICHELLE HEIT, MICHELLE HANNON, PATTY IAZZETTO, BARBARA ANDERSON
Board meets on the 3rd Monday of each month at 4PM
NEW BUFFALO TOWNSHIP PLANNING COMMISSION
Meets on the 1st Tuesday of each month at 6:30PM
SHERIFF BERRIEN COUNTY
Sheriff, Chuck Heit
Undersheriff, Greg Sanders
NEW BUFFALO AREA RECREATIONAL AUTHORITY
Meets at 10AM on the 2nd Wednesday of every other month (odd) at New Buffalo Township Hall, 17425 Red Arrow Highway New Buffalo
NEW BUFFALO AREA SCHOOLS BOARD
LISA WERNER, JOHN HASKINS, DENISE CHURCHILL, JENNIFER SUMMERS, VANESSA THUN, STEPHEN DONNELLY, GREG VOSBERG
The Board meets on the 2nd and 4th Mondays of each month at 6PM
CHIKAMING TOWNSHIP
CHIKAMING TOWNSHIP BOARD
DAVID BUNTE, PAULA DUDIAK, LIZ RETTIG, RICHARD SULLIVAN, ARTHUR ANDERSON
Chikaming Board meets on the 2nd Thursday of each month at 6:30PM
CHIKAMING TOWNSHIP PLANNING COMMISSION
Meets on the 1st Wednesday of each month at 6:30PM
THREE OAKS
THREE OAKS TOWNSHIP BOARD
Meets on the 2nd Monday of each month at 7PM
VILLAGE OF THREE OAKS BOARD
Meets on the 2nd Wednesday of each month at 7PM
GRAND BEACH
Meets on the 3rd Wednesday at 5PM EST
KIMBERLY WOLNIK, CLERK-TREASURER
HARRY WALDER, JACK GRACE, ED SEBASTIAN, PETER DOERR, EDWARD BRANDES
MICHIANA
VILLAGE OF MICHIANA COUNCIL
Meets on the 2nd Friday of each month at 1PM

Planners recommend rezoning Sawyer Fields parcel to township board

BY FRANCESCA SAGALA

Members of the Chikaming Township Planning Commission approved a recommendation to the Chikaming Township Board the rezoning of a parcel for a proposed site condominium development on Sawyer Road from AG-Agriculture to R-1 Single Family Residential at their Wednesday, Oct. 1, meeting.

Planners approved the recommendation in a 4-1 vote, with Robin Carroll voting "nay." Mitch Mammina abstained and John Chipman was absent.

Per February meeting minutes, applicants John Scala and Mammina, along with engineer Rob Andrews, had presented a site plan to the planners to develop 5596 Sawyer Road.

At the Chikaming Township Board's August meeting, Planning Commission Chair Jim Gormley said that the proposed development, Sawyer Fields, was presented and approved as an R-1 development.

In August, Gormley said that the parcel for the proposed development abuts R-1. Upon recommendation from the planners, Township Board members approved proceeding with potentially rezoning the parcel.

Gormley said the project was "favorably reviewed by all of us because of its proximity to Sawyer and for the need to accommodate new housing in the area."

"The site plan, I thought, was appropriate because it was single family, it wasn't high rise, it wasn't dense in the sense of close together housing – they're 20,000 square foot parcels with setbacks from one another and from the property lines that met all our code for the R-1 district," he said, adding that the master plan specifies a need for housing, particularly close to the Sawyer Center.

Regarding the consideration of if the proposed amendment will "correct an inequitable situation created by the zoning ordinance rather than merely grant special privileges," Gormley said that he believes the "situation wasn't created by the zoning ordinance."

"The developers could've come in and asked for the rezoning first and I wish they had but that was our fault and it's not a special privilege - the same consideration would be given to a plan presented elsewhere in the community if it was in an appropriate location," he said.

Planner Arthur Anderson said it's not spot zoning because the parcel borders R-1 and on the other side is AG but "you run into that problem every time a commercial abuts up against a residential property or R-2 abuts up against R-1."

He added that he's in favor of preservation of agricultural land but "it has to be balanced against the need for affordable housing."

Carroll said she was "super excited about the fact that we were adding affordable housing," which was indicated by the developers when they returned in February. She's also concerned they'd be setting a "precedent" and that the same situation will occur next time there's a property in AG who adjacent to R-1.

Fran Wersells said that Section F4 of the zoning ordinance "requires compliance with district requirements, district means the zoning" and that it's "very clear requiring the site condominium unit should be equal in size to the minimum lot size and lot that's requirement for the district in which the project is located."

She added that the ordinance states that "parcels zoned agriculture requires a 10-acre lot size for each structure."

"This site plan cannot be approved under the current ordinance - the proposed solution, spot rezoning, only further compounds this error," Wersells said.

Scales said that the15-acre site plan for Sawyer Fields was submitted in February, which shows 22 single family homes each on a minimum lot size of 20,000 square feet.

"We chose this location due to the proximity to the Sawyer business district, its access to municipal utilities and Chikaming Township's support for creating additional residential housing opportunities," he said, adding that plans are to "collaborate with leadership of Chikaming Township to develop a community that aligns with the township's visons."

Brian Kissman, who said his mother, Nadra, and his family, has been involved in the development of the area for the past 50 years, said the proposed development is "intentionally modest in scale" and "designed to strengthen our local economy and provide much needed housing opportunities while carefully reflecting the character of the surrounding community."

"It is a step forward toward growth that complements what already exists," he said.

Ed Newman said that a parcel must meet the conditions of its zoning, the zoning ordinance, the master plan and its future land use map and that the parcel for the proposed development is agricultural zoned and east of I-94, which makes it "protected AG land by the Chikaming zoning ordinance and the township Master Plan."

The ballot is stronger than the bullet. *— Abraham Lincoln*

He added that the Commission said it was mistaken "because the property was not zoned for the development's intended use at the time it was approved."

"Their solution for this alleged mistake is to rezone the parcel now and then allow for the plan to proceed – that is not a fair or appropriate result, it's the Commission acting as the developer's mouthpiece to promote an overly dense development on agricultural land," he said.

John Bell said that the Planning Commission and Chikaming Township Board "had deliberated and even held meetings without requiring the developer to first pursue zoning."

"The Planning Commission and the Township Board advanced the site plans before the zoning was secured. This reversed the legal sequence, deprived residents of notice and participation - rezoning requires proper notice and hearings before site plan approval not after," he said, adding that the Master Plan states that "community input must be central to land use decisions – that has not occurred."

Adding that the project's "true scope" had been hidden since January, at the board's August meeting, Bell said, Sawyer Fields was "presented as a site condominium, with the public being told it was unnecessary for any notice to be given;" however, he said, the site plan calls it a PUD on the first page, which requires "public notice, hearings and community benefits."

He added that rezoning the parcel from farmland to R-1 "at a maximum density that's been proposed will result in a windfall profit of at least $1-$2 million."

Kathy Zeiger, who said their farm has been in the township under the Zeiger name for 137 years, said that "you can't keep taking away agricultural land – if we do, the whole country is in trouble, and we have to start right here."

"It's already been zoned the way it is, leave it the way it is," she said.

Linda Oman, who with her husband, Eugene, live next door to the proposed development and said that this was the first they've heard of it, said that they're "so sad that you would even think of putting up condos" in what she said is a "quiet neighborhood" with "wonderful neighbors."

"That's the reason we left New Buffalo – condos. No way," Eugene said.

Dan Buckameyer, who said he's a certified economic development professional who lives 1500 feet from the property, said that they're "not talking about condos."

"Site condo is essentially a use of land and the way people buy it and the way it's handled from a real estate standpoint, so I want to make sure you all know this is a single family home development and not anything approaching, I think, the euphemism of a condo," he said, adding "his neighbor has been very open to me about the development."

It was noted that the commission had also received letters of support, including one from Cornerstone Alliance, and ones not in support of the proposed development.

Planners also approved Chikaming Dental Center replacing its existing sign with a monument one that will have a 6-foot setback based on the waiver process in the sign ordinance.

A revised site plan for Sandy Lane Beach Condo on Red Arrow Highway was approved subject to approval from the engineer and the ones that the Commission had imposed

DDA parking workshop discusses draft parking plan proposal

BY FRANCESCA SAGALA

Business owners and other stakeholders shared ideas that could be incorporated into an initial draft of a parking plan proposal for the City of New Buffalo were discussed at New Buffalo Downtown Development Authority workshop at the Marina Grand Resort in New Buffalo Friday, Oct. 3.

Robert Kemper, vice chair of the DDA Board, said that DDA Parking Committees have been "trying to basically collect all the information we can as fast as we can" regarding parking solutions.

"We were fortunate enough to get the city to give us some time to work on this and try to establish what the real problems, or what the opportunities, were," he said.

DDA Board members who were designated as committee leaders were Vance Price, who's also the mayor of New Buffalo, chair Ben Smock, Kemper and Diane Pyshos.

The parking committees surveyed beach towns grappling with the similar parking issues, including St. Joseph, Saugatuck, South Haven, Ludington and Manistee, and heard back from St. Joseph, Saugatuck and South Haven with their solutions.

Problems that Kemper said were identified regarding parking in New Buffalo are city resources and where the money is coming from to support the visitor counts, which have increased in the last couple of years; how residential districts have been negatively impacted by the overflow parking from the commercial district; parking availability for employees and guests, as business growth has increased and there's a need for employee and visitor parking.

Kemper added that North Whittaker Street lost some spaces when it was redone in 2018 to "make sidewalks function better for pedestrians." Parking that was created on Mechanic and other side streets during the revitalization is not enough anymore, he said.

Warm weekends, holidays and some weekdays have been identified as being the main time parking is a problem.

Solutions that were identified were improved signage and marked parking areas; revenue growth; shuttles, paid or enforced parking time limits, with enforcement being made in the past and an ordinance review of private, paid parking lots.

Regarding signage, workshop attendees suggested clear messaging and simplicity for the signs and signage on the side streets leading to the downtown. It was cautioned that there be no "oversaturation" of signs in the downtown, with the signs being easy to see.

Kemper also brought up studying private parking, with parking being a possibility on other lots that may not be utilized on weekends.

Regarding revenue growth, Kemper said that it's important to "find other ways to generate revenue for the city to offset the cost of enforcement," which may require the purchasing of technology. It was confirmed by Price that the city is looking into a fee structure for events, which could generate revenue from people holding them on city property. Other potential solutions discussed were having paid parking on private lots and licensing fees, so people could make money on a parking lot; a map of the city that would be sponsored by businesses, which would pay a fee to be on the map and revenue that could be generated from traffic fines and parking fees.

Smock said that some potential lots in the city have been discussed, which would offer "some pretty simple ways to get people around easily;" however, in Michigan, it's "expensive to get insurance on a vehicle that's transporting other humans."

He added that a couple of vendors have expressed interest in doing a service for the city. The key would be to identify what times it would be known that a shuttle would be a "required service to alleviate traffic." The shuttle service could be monitored closely in 2026, with its possible expansion in 2027.

MHS throws down-on-the-farm 'Fur Ball' celebration

BY FRANCESCA SAGALA

Michiana Humane Society Board President Stacy Thomas said it takes not only many dedicated planning committee members but also the efforts of many volunteers, board members and MHS staff to host events like the annual Fur Ball, which returned for the second year at White Oak Farm in Michigan City Friday, Oct. 3.

She added that such events raise nearly 90 percent of all the incomes of the shelter, which is a 501(c)3 non-for-profit organization that relies on some grants but accepts no tax dollars.

"But really, it's all your contributions and we couldn't thank you enough for being here," Thomas said to attendees.

An event handout provided the following MHS statistics: 733 animals were cared for by the shelter in 2024; 113 foster homes provided housing for 13,359 days; 8,000 pounds of pet food were collected and distributed to food insecure pet owners; zero animals were euthanized for lack of space or too long a stay in the shelter; 510 spay and neuter surgeries were performed and 2024 expenditures were $1,133,599.

During the event's Fund A Paws portion, during which guests make a direct donation to the shelter, MHS Executive Director Johanna Humbert said that they were raising money for a new van.

The van had been purchased in 2015. The shelter had started a spay neuter initiative, which was six years before Indiana required spay neuter surgeries to be performed on all animals.

Humbert said that Kirk Amptmeyer hooked MHS up with a van, and that Craig Andree had dedicated his birthday presents toward people's donations for it.

"So many of our animals have been transported over the past 10 years but as you can imagine that van has seen a few things and it's getting kind of old," Humbert said.

With a "head nod" toward social media influencer Melani Sanders, founder of the "We Do Not Care" movement, Humbert laid out the van's current maladies: "We do not care that the van has enough hair in it to weave blankets – animals still need rides; we do not care that the check engine light has been glowing since Obama's been in office - donations still need to be picked up; we do not care that the seats are sticky from spilled Mountain Dew - the vet appointments won't wait; we do not care that the windows roll themselves down when the can is parked and turned off - all animals like fresh air; we do not care that the van rattles like a Mariachi band in a blender - donations still need hauling and animals still need saving; we do not care that the radio only plays static and polka - the animals don't complain unless we sing along."

"What we do care about is that our animals and our staff are transported safely and the time has come that in order to keep saying yes when the animals need help, we're going to need your help," Humbert said.

The event also featured hearty fare, and a full bar, along with silent and live auctions and raffle prizes.

For more on Michiana Humane Society, visit www.michianapets.org.

Ann Perry and Eric Braverman enjoy the outdoor celebrations

Cindy Levato and Dawn Galluzzi in the country and Western spirit

David Gladish, Joey DiMaggio, Kelly Kasten, and Fran and Jeff Zochalski

Guests bid on items at the live auction

Guests congregate outdoors

Sunset Coast Country Dancers provide a line dancing lesson

Guests enjoy a bar outdoors

Lynn Schrage, Erik Kolacz and Beverly Hammel

Karen Haasen poses with the adoptable Pearl

From the Bleachers

COLUMN BY KURT MARGGRAF IN CHICAGO

Saturday, I got together with some family members, and we watched my grandson play football.

He plays defense and was credited with three sacks and two tackles for losses. It was great seeing him perform so well in front of many family members.

When I committed to going to the game, the Cubs playoff game hadn't been scheduled.

Regular readers of this column know how much I love the Cubs, but they can't hold a candle to my family. I had committed to go to the football game, so I went to the football game. The game was great and we all enjoyed ourselves.

On the other hand, the Cubs got beat up pretty good by the Brewers. If you're ever going to miss a baseball playoff game, I suggest you choose a game where your team is losing six to one after one inning and ends up losing nine to three.

I'm happy I didn't see the game Saturday, but I'm so looking forward to Monday night when they play again.

Sunday, a family tradition continued.

We bought a cottage in Union Pier 45 years ago, and most of those years family and friends have gathered on a weekend in October.

This year we got together for a delicious breakfast at the Black Currant Bakehouse.

We love this neighborhood hot spot and find it to be the perfect place to begin our adventures. We then headed off to Dinges Pumpkin farm so the youngsters could run around and the rest of us could purchase a pumpkin from their vast array.

Dinges has grown a lot in 45 years, but their friendliness has remained the same and you just feel good being there. From there, we moved on to Twin Maples to pick some apples.

Another year of good family fun was had by all. Thank you. Harbor Country.

In the sporting world, the Blackhawks, who expect to see some improvement this year, open the season against the two time defending Stanley Cup champion Florida Panthers on Tuesday, October seventh.

All Blackhawks fans eyes will be on Connor Bedard, hoping he really breaks out and gets closer to his superstar potential.

The Bulls, after signing Josh Giddey to a one hundred million dollar deal, open their season on October twenty second against the Detroit Pistons and hope to make the playoffs this season.

The last two years they made the play ins, but lost to Miami before advancing to the playoffs.

The Cubs will try to get their bats going, beat Milwaukee, and advance to play the Phillies or Dodgers and the Bears will try to extend their two game winning streak against Washington after their bye week.

Ellen DeGeneres said, "My grandmother started walking five miles a day when she was 60. She's 97 now, and we don't know where the heck she is."

Be kind. Talk to you next week. Peace, love, and happiness.

Lijewski/Lynch dominate to extend perfect football season

BY STAN MADDUX

The Red Arrow Raiders against the best team they've played all season, perhaps, won in the final seconds of the game to remain undefeated in high school football.

The Raiders (6-0) beat NorthPointe Christian School at Grand Rapids 48-40 on Friday, Oct. 3.

The victory could set the stage for the Oct. 17 game against Bridgman at New Buffalo High School to be for a share or outright winner of the division title.

The Bees (5-1), traditionally, have been one of the most dominant programs in the area.

"They're the measuring stick, but I like where our kids are. I like where they're mind is. I like what we bring to the table. I think it'll be a dog fight," said Raiders Head Coach Matt Johnson.

The Raiders do not play Friday, Oct. 10, since their scheduled opponent, Bloomingdale, withdrew from the game.

NorthPointe Christian jumped out to a 12-0 first quarter lead but the Raiders came back trailing 18-14 at halftime.

In the second half, the Raiders scored three unanswered touchdowns to take a 32-18 lead.

The Mustangs, though, got back on track offensively and tied the score before the Raiders pulled ahead 40-32.

The score was even again when the offense for the Raiders returned to the field with less than a minute on the clock.

It took only about 30 seconds for the Raiders to march 75 yards into the end zone on plays that included a long completion of a pass to Drew Bowen before sophomore quarterback Colten Lijewski ran the ball in from the opponent's 25-yard line.

The Mustangs were not able to score again in the final 22 seconds of the game.

Johnson said the final scoring drive was another example of his team's determination to win and having the ability to pull it off.

"Our kids. They play tough. They don't ever give up," he said.

Another highlight of the game was a 97-yard touchdown reception by senior Cooper Lynch, who broke about a half dozen tackles after catching the ball to find his way into the end zone.

"It was actually one of the most amazing plays I've ever seen," Johnson said.

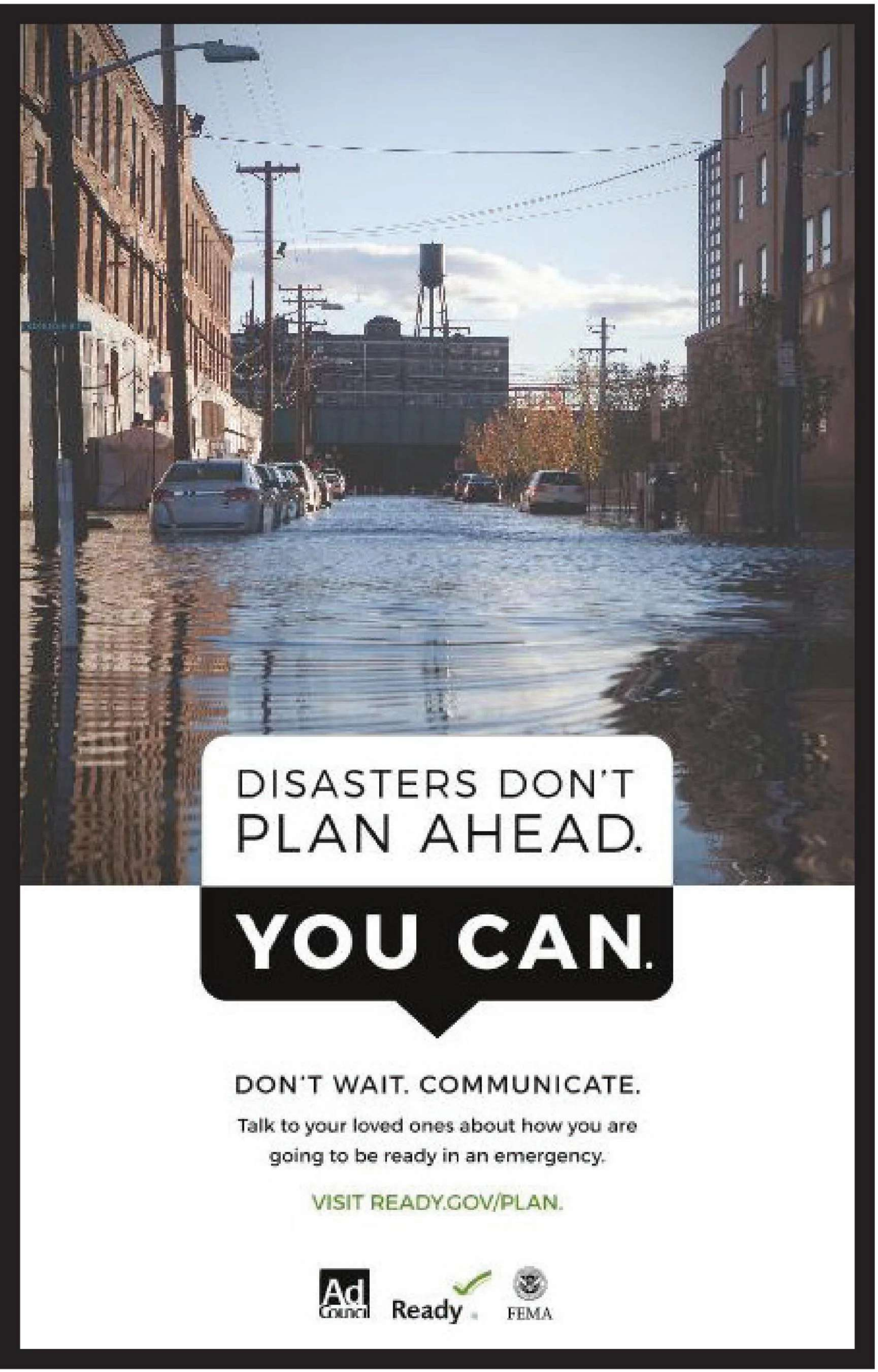
Lynch finished with 316 receiving yards.

Lijewski passed for 416 yards and ran for another close to 200 yards.

Bowen, a junior, had about 100 yards receiving in his first game back after injured earlier in the season.

"We got an offense that can do some good things. We got some guys who can make some plays. Like I said all year long, those kids are gamers," he said.

Knockouts don't just happen; they're crafted.
— Gervonta Davis



TOWN SQUARE

LETTERS TO THE *NEW BUFFALO TIMES*:

THE VIEWS HERE DO NOT REPRESENT THE VIEWS OF THE *NEW BUFFALO TIMES*. THE *NEW BUFFALO TIMES* ASKS THAT YOUR LETTER TO THE *NEW BUFFALO TIMES*, BE UNIQUE, KIND AND BASED ON REASONED FACTS. THE *NEW BUFFALO TIMES* RESERVES THE RIGHT TO NOT PUBLISH ANY CORRESPONDENCE FOR ANY REASON. PLEASE KEEP YOUR LETTERS TO 300 WORDS OR FEWER. PLEASE INCLUDE YOUR NAME, PHONE NUMBER AND YOUR EMAIL ADDRESS. PLEASE EMAIL YOUR LETTER TO INFO@NEWBUFFALOTIMES.COM. THANK YOU.

New Buffalo Times
LOCAL INTELLIGENCE
— SINCE 1942 —

MUCH THANKS...

New Buffalo Township and Friends of NBT Fire would like to extend our heartfelt thanks to everyone who helped make our 4th Annual Fired Up 5K such a tremendous success — and for your continued support of the New Buffalo Township Firefighters!

A special thank you to our generous sponsors, this event wouldn't be possible without you. We're especially grateful to Timothy's Restaurant for graciously allowing us to use their parking lot for our pre- and post-race festivities.

To our incredible volunteers along the course, including the Berrien County Sheriff's Deputies, thank you for keeping everyone safe and supported throughout the race.

To everyone who signed up and participated —t hank you for being part of this community event.

And of course, our deepest gratitude goes to our amazing firefighters — not only for organizing this fantastic race, but for your unwavering commitment to keeping our community safe every day.

We're already looking forward to the 2026 Fired Up 5K! See you there!

— MICHELLE HEIT, NB TOWNSHIP SUPERVISOR;
JULIE FLICK, FRIENDS OF NBT FIRE

WELCOME WAGON...

The Harbor Country Chamber of Commerce welcomes the news that four local municipalities of the Crosstown Municipal Collaborative — Chikaming Township, Three Oaks Township, the City of New Buffalo, and New Buffalo Township — have approved plans to move forward with the establishment of a shared economic development framework.

In its 45-year history as the official chamber for the area, the Harbor Country Chamber of Commerce — representing nearly 500 members — has consistently championed initiatives that foster growth and opportunity. Our independent and thriving organization is encouraged by the progress of the Cross Municipal Collaborative and looks to support these municipalities as they work to expand opportunities for residents, businesses, and visitors alike.

Together, we can foster a stronger, more resilient economy while preserving the unique character of Harbor Country Michigan.

— HARBOR COUNTRY CHAMBER OF COMMERCE
BOARD OF DIRECTORS

1 in 7 children faces hunger.

There's more than enough food in America for every child who struggles with hunger. Help get kids the food they need by supporting Feeding America, the nationwide network of food banks. Together, we can solve hunger™.
Join us at **FeedingAmerica.org**

ad COUNCIL

FEEDING AMERICA

Pumpkin Festival always a hit in Westville

BY STAN MADDUX

Pumpkins were eaten and even hurled from a huge sling shot during a long and still heavily attended tradition in Westville.

For over 30 years, the annual Westville Pumpkin Festival has delighted crowds with one of the highlights being the parade heading north Saturday morning on Flynn Road from Westville Farm Supply to Main Street.

There are no shortages of pumpkins in Westville this time of year with Coulter Farms being one of the largest growers in the area with a 20-acre patch.

"Just bringing the community together to have a fun day," said Kayla Meyers, a member of Westville Tri Kappa, the organizer of the event the group uses as a major fund raiser to promote charity, education and culture in the community.

The festival, which included food and craft vendors, games, live music and a car show was anchored at Prairie Meadow Park at U.S. 6 and U.S. 421.

Meyers estimated the annual attendance at about 3,000.

Meyers was in charge of running the Pumpkin Sling, a huge sling shot-looking device made from wooden posts six inches in diameter with a bungee cord fastened to the top.

For $1, each participant was given two tiny pumpkins to place in the bungee cord one at a time for launching by pulling back on the strap and letting go of it.

The objective was to send the pumpkins through a hula-hoop or hit a tree.

A number of pumpkins missing their mark landed in woods about 75 feet away.

For one hour, Meyers said about 20 children and adults took part with some playing more than once.

Only three of the 100 tiny pumpkins obtained from Burek Farms near Kingsbury were left when the chance to play was over.

"The kids loved it. They just kept getting back in line and doing it over and over," she said.

Other festival attractions included a pumpkin pie eating contest, a pumpkin bake-off and fireworks at the nearby campus of Purdue University Northwest.

There was also a contest for people to guess the weight of a 161-pound pumpkin from Coulter Farms and displays like over a half dozen pumpkins grown in the backyards of local children given seeds to plant in the spring.

The car show consisted of dozens of vehicles, including a 1947 Studebaker pick-up truck not driven for more than 50 years until this past June.

The owner is Ray Griffin, who obtained the truck with its original paint job after the death of his father and spent a year getting it ready to be on the roads again.

"It's definitely been sitting for a long time," he said.

Griffin said his father purchased the truck in 1969 and parked it in his garage five years later after the steering went out.

His father, for some reason, never fixed the truck but took it with him 17 years ago when he moved to Alabama.

"I loaded it up and brought it here," he said.

Griffin said he rebuilt the brakes and fuel system on the truck, rewired the entire back end and did other things like put new tires on it.

He said driving the truck with 71,000 miles on the odometer is like going back in time with the top speed from its three-speed engine at just over 40 miles per hour.

"It's pretty much like driving a tractor," he said.

New Buffalo Times
LOCAL INTELLIGENCE
— SINCE 1942 —

988 SUICIDE & CRISIS LIFELINE

HIKERS TO EXPLORE MADELINE BERTRAND COUNTY PARK

Led by Berrien County Parks Naturalists, an annual Berrien County Parks Fall Tour, where hikers can watch the fall colors change while learning some interesting facts about our parks and the wildlife they support, will take place at 1 p.m. Saturday, Oct. 18.

Hikers will continue a moderate, 2.0-mile, approximately two hour "Splash of Color Hikes" tour at the Madeline Bertrand County Park and hike through some of the most memorable fall trails of Berrien.

Besides the Welcome Center, mountain bike trails, disk golf course and well-lighted cross country ski trails (ski rentals available), the natural features of this park include around 153 acres of gently rolling hills through pine and oak forests and along a bluff overlooking the St. Joseph River.

Although membership to the Harbor Country Hikers is preferred, all are welcome to attend this hike. Dress for the weather, wear a sun hat and sturdy shoes or boots, preferred pest controls and bring plenty of water.

For more information, including driving directions to the Love Creek Nature Center visit the Hikers' website, www.harborcountryhikers.org, or its Facebook page. — STAFF REPORTS

NEW BUFFALO SERVICE LEAGUE ARTS & CRAFTS SHOW RETURNS NEXT WEEKEND

The New Buffalo Service League Arts & Crafts Show will return from 9 a.m. to 4 p.m. Saturday, Oct. 18, at New Buffalo High School, 1112 E Clay Street.

With over 100 talented vendors, this vibrant show features an incredible array of handmade treasures — from cozy clothing and unique home décor to dazzling jewelry and delicious specialty foods. Whether you're shopping for early holiday gifts or treating yourself, there's something for everyone.

Stock up on mouthwatering homemade treats and swing by the cafeteria for a hearty breakfast or lunch, including our famous apple slices — a local favorite — at the bake sale.

Admission is just $2, making this a fun and affordable outing for the whole family.

Proceeds from the show support local scholarships and community needs, so every purchase helps make a meaningful impact right here in New Buffalo. — STAFF REPORTS

BINGO
American Legion Post 169
19139 US 12
New Buffalo, MI
$10 for Bingo Book with 10 cards
Progressive $6 for 3 cards
Sunday Oct. 12th at 2pm EST
Sunday Nov. 9th at 2pm EST
Sunday Dec. 14th at 2pm EST

Murder charge in strangling of stepfather

BY STAN MADDUX

A man is facing a murder charge for the strangling of his stepfather in La Porte.

Breon Ware, 36, is charged in La Porte Circuit Court with murder and other counts for the late September killing in the 1400 block of Jefferson Avenue.

Police said the investigation shows Ware and his stepfather, Aaron Stingley, 58, were arguing in the living room over some speakers.

A child inside the residence told investigators he witnessed the suspect punch the victim and place his arm around his neck before returning upstairs, police said.

The child said he soon returned downstairs to find Stingley face down on a couch and not moving, according to police.

After the strangling, police said Ware went to his mother's workplace and told her she needed to check on the victim, explaining that he "laid him out."

She returned to the home and couldn't find a pulse on Stingley, who was taken to Northwest Health where he later died.

Ware of Gary was taken into custody in the hospital parking lot during a struggle with police.

He could face a 45-to-65-year sentence just on the murder charge.

According to authorities, Ware has a prior conviction for dealing cocaine from 2013.

Public invited to grand opening birthday celebration

BY STAN MADDUX

A downtown La Porte business will be celebrating its fifth anniversary while offering door prizes and sales.

A Whole World of Good at 711 Lincolnway is a boutique, which also offers items like gourmet coffee and a lounge for customers to drink their beverages or simply relax.

The owners are Darrin and Jennie Lee Riddle, who purchased and renovated the building prior to opening the doors.

Mrs. Riddle said the celebration Oct. 13-19 will also feature open houses, live music, a children's story hour and drawings.

The prizes will include a large cowhide rug.

Currently, the couple is the process of opening another new business in downtown La Porte called Studio 7:14, a wellness clinic at 714 Lincolnway.

Riddle said the date for the grand opening will be revealed during the week-long celebration for A Whole World of Good.

Studio 7:14 will offer counseling, massage therapy and other things like infrared saunas along with programs about nutrition.

Thirty-day sabbaticals will also be on the menu for business owners and community leaders at the residence of the Riddle's, who live in the historic former Ruth Sabin home in La Porte.

"We're excited," Riddle said.

A Day in the Life

LIVING IN THE PAST...

BY LAWRENCE VON EBELER

Susan and I had lunch Saturday. Who is Susan? She was my first wife. She is now Eighty-Five and I am Eighty-Six. Why after all of these years do we choose to dine together? That is a good question and not easy to answer. It's fairly simple. In some ways we were never divorced in the usual sense.

We were barely adults when we got married. She was Nineteen and I was Twenty. So why have we spent years separated but uncharacteristically close all the years since?

We were both art teachers in a Detroit suburb after graduating college. We had an ideal life for a young couple, a lovely apartment with a waterfall swimming pool, a new convertible, and a party almost every night with other tenants that we all became friends with, having all moved into this great apartment complex after waiting for it so long to be completed. Live was just " a bowl of cherries" when we got divorced. We both quit teaching. I went to work as the Design Director for an upscale gift store that lost its stride and went belly up.

I started my own business designing hundreds of stores and writing a column for the Detroit News. The store design business ranged over the art trends from the Metropolitan Museum of Art to regular fashion stores, but none were regular.

My firm was commissioned to design the 130 foot mosaic mural for the People Mover Station at Cobo Hall and was made from thousands of mosaic pieces with extraordinary accuracy.

Add to that the madness that I married a woman with six school age children while we had only one bathroom at the time! I was not deterred by anything practical.

We were both in pursuit of new goals, polite lunches seized for a few years. After the divorce she took a few years which became her "hippy" period when she ran a ceramic store in Ann Arbor where she checked out of reality. She then got a new focus on a law degree but still managed to marry twice, one of which owned much of Trinidad. Her marriages may have suffered from her dedication to school!

Susan got her law degree while working as an advisor to the Governor then held a senior position with the state after earning her degree. She was invited to go East to study at Harvard and other Blue Ribbon schools but she felt more dedicated to staying with the highly rated Cooley's law school in Lansing. She worked until retirement a number of years ago. In her retirement she is serving on a board of Elkhart's prestigious Four Arts Club. Susan loves acting and starred in several productions at the Lerner Theater. There is no moss growing under her feet.

Meanwhile I was working like a dog and accepted an award from the revered Gifts and Decorative Accessories magazine's National Contest for retail design, one of the industry's most important awards, for the best store design in the US. The awards presentation was a big deal at the Plaza Hotel in New York and we stayed in Walter Winchell's three bedroom suite that he lived in for thirty years. We were the first guests in it after he left it.

It seemed appropriate to celebrate our dual accomplishments so we meet again and again over the years and what is now our eye popping "Sixty-Fifth "No-Wedding Anniversary" this last weekend.

We had to choose a restaurant without steps for our little celebration because of my walker. We chose Ghost Isle Brewery because of the convenience of no entrance steps. We sat at the bar and ordered our celebratory drinks; I ordered a Vodka Martini, a rarity for me, and Susan ordered her usual Diet Coke. I didn't drink much of the martini, it was more symbolic for our little celebration.

It was a nice time between a couple of old friends and we hope for several more if we should live so long.

Public Notice:
Your right to know!

for

PUBLIC NOTICES are an effective way for agencies of government to make official announcements.

State law requires these notices be printed in newspapers.

Nearly two-thirds of active Michigan voters* would be concerned if government placed these notices on websites because important information could be concealed from the public.

* EPIC-MRA 2011

MPA MICHIGAN PRESS ASSOCIATION

This newspaper supports your right to know.

AT YOUR SERVICE
A COMPANY OF CRAFTSMEN
WWW.ATYOURSERVICE.BUILDERS
T.269.358.8159

CUSTOM: HOMES | RENOVATION | COMMERCIAL

Passaro, Kahne, Taylor, DeFrancesco, & Thompson
LAW OFFICES *your local common-sense legal team*

685 West Main Street, Benton Harbor, MI 49022 | (269) 983-0325 | passarokahne.com
17656A US Highway 12, New Buffalo, MI 49117 | (269) 469-5297 | Fax: (269) 983-0328

- *Business/Tax Law*
- *Estate Planning*
- *Medicaid & Long-Term Care Planning*
- *Real Estate*
- *Special Needs Planning*
- *Probate and Trust Administration*

NEW BUFFALO SERVICE LEAGUE

ARTS & CRAFTS SHOW

SATURDAY, OCTOBER 18, 2025
9:30 a.m. to 4:00 p.m. (EDT)

NEW BUFFALO HIGH SCHOOL GYMNASIUMS
1112 E. CLAY STREET
NEW BUFFALO, MI 49117

Food and Bake Sale

Over 100 Outstanding Craft Booths
$2.00 admission charge
For information: 269-469-1364
www.eventlister.com

State legislator from Region calling it quits

BY STAN MADDUX

A state lawmaker from Michigan City is retiring with just over a year left on her two-year term.

State Representative Pat Boy (D) was first elected to serve at the Indiana Statehouse in 2018.

Boy called her decision bittersweet but one she's making to focus on her family.

"Serving the people of Northwest Indiana has been the honor of a lifetime and one of my most meaningful experiences," she said.

Her last official day in office will be Oct. 17.

Boy has served on the House Environmental Affairs Committee, the House Elections and Apportionment Committee and as the ranking Democrat on the House Natural Resources Committee.

Boy said she's especially proud of the role she played in the Indiana General Assembly to protect the environment, strengthen public health and safety and give a voice to those who too often go unheard.

"Although I am stepping away from elected office, my heart will always be with the people I had the privilege to serve. I wish my colleagues in the General Assembly continued success and thank them for their friendship and partnership throughout the years," she said.

Boy was on the city council in Michigan City for well over a decade prior to taking her seat at the statehouse.

TICKS ARE TARGETING FAMILIES.

The ticks that spread Lyme disease are tiny (often smaller than the head of a pin) but the problem of Lyme disease is big—and growing. There are 300,000 projected cases each year, and if left untreated, Lyme can lead to arthritis, facial paralysis, and even memory and concentration problems.

It's time for us to target Lyme disease.

That means checking for ticks when you've been outside and seeing a doctor if you experience the symptoms of Lyme disease, which can include joint pain, flu-like symptoms, fever, fatigue, or sometimes a bullseye-shaped rash. Set your sights on stopping Lyme disease.

Learn how you can target Lyme disease at
TargetLyme.org

A message from the Steven and Alexandra Cohen Foundation

STEVEN & ALEXANDRA COHEN FOUNDATION GIVE

A Writer's Life...

DURING THE GOLDEN AGE OF TELEVISION ANIMATION

BY JACK OLESKER

Different route for me...

That day in 1984, after Lori Crawford told me I was going to be the story editor for 21 episodes of Heathcliff and the Catillac Cats, which would air on television in 1985, and after I had read four scripts and viewed episodes from the series, I had mixed emotions. I sat in my DIC Entertainment office and took stock. I'd been a professional writer for nine years. It was how I earned my living. Through good years, lean years and in between years, writing was what I did; it was all I did.

I'm a fast writer and I like to think I'm a really good writer. But writing non-stop, literally seven days a week for almost a decade is a challenge. I'd written and published five novels. The first draft of my historical saga, The Young Dragons, was 1,100 pages. Signet, my publisher, made me cut it to 600 pages. It was like performing surgery on myself, but it taught me a lot about editing.

I'd written business manuals for Entrepreneur Magazine and over a hundred commercials for the Armed Forces Radio & Television Service. Now I am writing as many scripts as I can handle, in addition to story editing outside writers' scripts.

I'd never tell anyone that I was tired. But the truth is this television business can eat you up, and after all those novels I'd published, all those commercials I'd written, scripts I'd written for The Littles, The Care Bears, flying off to Cleveland, meeting with television execs and dealing with studio politics, it was starting to get a bit much.

I wanted a break; not a complete pause, but just to be able to back off a little and catch my breath. I came to the conclusion that being the story editor of Heathcliff and the Catillac Cats but not also writing original episodes for the series, was the answer.

A few days later, after I'd put the word out to current and wanna-be Heathcliff and The Catillac Cats writers that I was open for story springboards submissions, I walked into Lori's office. Lori smiled, picked up a sheet of paper with the writers' names I'd submitted to her, glanced at itand looked at me. "Looks like you've got a good crew."

"Yeah. A lot of them have written Heathcliff and The Catillac Cats episodes. I think the series will go smoothly; by the numbers."

She nodded. "I'm sure it will, Jack."

When I looked away, she sensed something was on my mind. Consummate professional that she was, Lori gave me some space. I looked back at her and said, "With all these writers already familiar with the series, I think this is going to be an administrative job for me – editing, polishing, keeping everyone on schedule."

She nodded again. "That's what a story editor does. What's your point?"

"Twenty-one episodes, two stories for each episode. So between Heathcliff stories and Catillac Cats stories we've got 42 stories. I appreciate that it's okay for me to write some of my own scripts. But for this series I'd like to just focus on story editing."

"That's your call." I knew there was something unspoken here, but I let it lie. Lori's phone buzzed. She answered it, listened, then hung up and says, "Ray Dryden's here to see you."

I nodded, give a half-hearted "Thanks" and left, wishing I knew what her "unspoken something" was. I figured I'd find out soon enough...

HOROSCOPE

OCTOBER 9-15, 2025

AS INTERPRETED BY SANDY "STAR" BENDT

ARIES MARCH 21—APRIL 19

The vibe coming in this week can be tricky. On one hand you need to work closely with others and cooperate to succeed, but on the other, working closely with people can be a huge source of stress now. Be aware of that chip on your shoulder and accept the challenge of working things out.

TAURUS APRIL 20—MAY 20

Take some time to pull back and get away from domineering people and situations. Be aware that it will be easy to feel like others are asking too much of you or that they are encroaching on your territory. Channel your emotions into creative projects or taking care of things at home.

GEMINI MAY 21—JUNE 21

There will be a lot of misinformation and gossip to muddle through this week and your interpretation of events may be counter to how others perceive things. Be aware that the pitfalls and difficulties are happening to help you achieve an emotional breakthrough; not fun but beneficial.

CANCER JUNE 22—JULY 22

Work relationships can get unstable or cut throat this week and it will be easy to fall into an aggressive competitive mode. Avoid over doing things or causing more strife by gossiping. Create harmony by keeping things lighthearted and being part of a team, not a one man show.

LEO JULY 23—AUGUST 22

There is a confrontational vibe coupling with the sense that you're doing things on your own this week, which will make it seem like you need to be very assertive to succeed. Whereas this is the time to spread your wings and display your power, do so in a gentle and inclusive way.

VIRGO AUGUST 23—SEPTEMBER 22

Take some time to reconnect with your journey, talents and purposes this week. Avoid getting involved in other people's drama or financial situations. Even if you experience financial shifts this week, this is not the time to involve other people or turn your focus away from your own issues.

LIBRA SEPTEMBER 23—OCTOBER 22

The energy this week can get quite heavy and you may feel like you're being left out or are having to face the depth of some issue on your own. The real opportunity this week comes when you ask for help and let others be more involved with you, rather than forging ahead alone.

SCORPIO OCTOBER 23—NOVEMBER 21

Be aware that you may get some bad news this week. There is a good chance you will be told something is ending or that some longstanding tradition must come to an end. That doesn't mean that relationships are ending, just the way things have been proceeding will undergo a transformation.

SAGITTARIUS NOVEMBER 22—DECEMBER 21

The energy radiating towards you this week can feel quite contentious. Arguments and quarrels between friends or social groups are likely to erupt. Rather than putting yourself at odds with others by picking a side, take the position of negotiator and root your efforts in Agape love.

CAPRICORN DECEMBER 22—JANUARY 19

When faced with major decisions or emotional entanglements, pay attention to what you are saying and doing. The solutions or answers to issues are already before you. Follow the advice you would give others to defuse situations, rather than letting them explode and involve more people.

AQUARIUS JANUARY 20—FEBRUARY 18

Pay attention to things this week. There is a bit of foreshadowing or forewarning taking place and you don't want to miss any clues as to how to handle disruptions later this month. Any harsh words or provocative innuendos should be categorized and inspected before shrugging them off.

PISCES FEBRUARY 19—MARCH 20

Be aware that you may be misreading a situation due to too many outside influences. This is the time to shut out the chatter boxes and listen to your inner voice. The all-important inner dialogue is best heard in silence. Release the need to follow others and go for authenticity.

I guess at the end of the day, all women like to be appreciated and treated with respect and kindness. — *Sofia Vergara*

THE BENDT SHOVEL
Perennial Garden Maintenance
Sandra Bendt
(219) 874-2269

Sudoku

Fill in the grid so that every row, column and 3x3 box contains the numbers 1 through 9.

				5				
			8					
8	4				2			1
7	8		3		4		2	
		2		1			6	
								7
2					3	1	7	6
	5		7					
		4					3	2

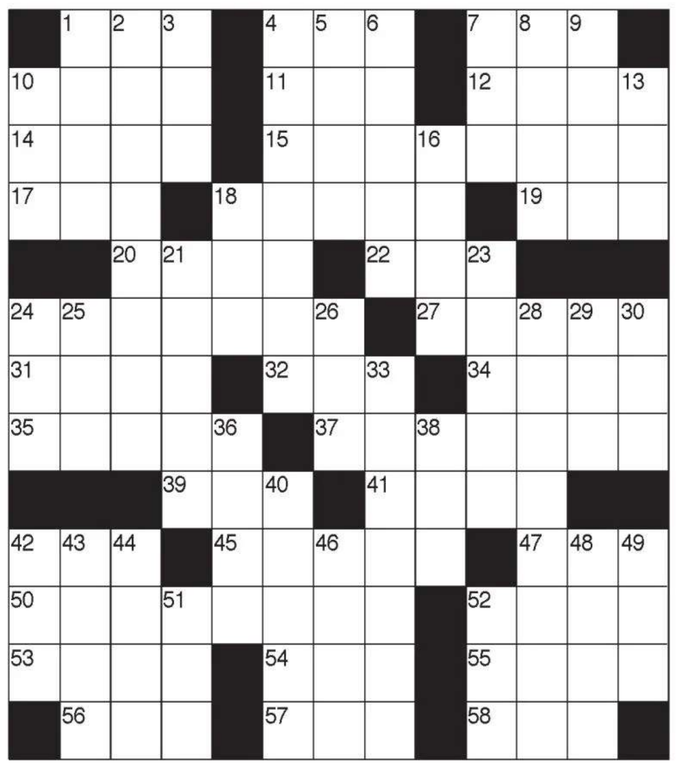
CROSSWORD PUZZLE

ACROSS

1 Federal Bureau of Investigation (abbr.)
4 Political action committee (abbr.)
7 Amer. Automobile Assn. (abbr.)
10 Soapstone
11 Wood sorrel
12 Action (suf.)
14 Animal teeth (suf.)
15 Threadlike
17 Female rabbit
18 Charger
19 Bird's display area
20 Betel leaf concoction
22 Moon vehicle (abbr.)
24 Hairdo
27 Called
31 Gentleman (Ger.)
32 Used to express negation
34 Hindu princess
35 The Buddha's birth country
37 One of the Seven Hills of Rome
39 Television channel
41 Care for
42 Environmental Protection Agency (abbr.)
45 Woman's work basket
47 Condition (suf.)
50 Cob (2 words)
52 Down with (Fr., 2 words)
53 Wound crust
54 Mother of Hezekia
55 Bleach
56 Poetic contraction
57 Nat'l Endowment for the Arts (abbr.)
58 Eastern church chalice veil

DOWN

1 Port. folk tune
2 Jay (2 words)
3 Science of (suf.)
4 Floating bridge
5 Afr. fruit
6 Ruminant
7 Mulberry of India
8 Indigo dye
9 Skin eruption
10 Fox (Scot.)
13 Mouse-spotter's cry
16 Arabian Sea gulf
18 With (pref.)
21 Finn. language
23 Sea (Fr.)
24 Greek letter
25 Partlet
26 Month abbr.
28 Jaw bone
29 Last Queen of Spain
30 Arabic letter
33 Moon of Uranus
36 First principles
38 Fr. pronoun
40 Hindu month
42 Ger. spa
43 Speed
44 Wings
46 Endearment
48 River into the Moselle
49 Compass direction
51 Compass direction
52 Braz. tree



SERVICE DIRECTORY

Auto-Owners INSURANCE
LIFE • HOME • CAR • BUSINESS
HARBOR COUNTRY INSURANCE AGENCY
Gregory A. Bubb, CIC
269-469-4438
212 S Whittaker St.
New Buffalo, MI
www.HARBORCOUNTRYINSURANCE.com

Web Design
Genesis
Genesis Web Design
St Joseph, MI
269.429.7014
Design - Maintenance - Hosting

100 ACRE FARM
LAWN CARE & SNOW REMOVAL, LLC
MOWING
EDGING
LANDSCAPING
MULCHING
POWER WASHING
SEASONAL
CLEAN-UPS
10% DISCOUNT
FIRST SERVICE FOR
MILITARY & SENIORS
269-586-4303

CLEAN AIR
Cleaning Services
Residential
Commerical
Rentals
Move-Ins • Move-Outs
Deep Cleans
10% Discount
First Service for
Military & Seniors
269-586-4303

PROFESSIONALS
IN ALL OF YOUR
TREE CARE NEEDS
MAPLE CITY
TREE SPECIALISTS
REMOVAL
TOPPING
TRIMMING
STUMP GRINDING
PRESERVATION
STORM DAMAGE
LOT & LAND CLEARING
FREE ESTIMATES
Commercial • Residential
37 Years Experience • Insured
DENNIS JEFFERS, SR.
219-393-3155
maplecitytree@comcast.net

ADVERTISE
ON THIS PAGE
PLEASE CONTACT
JANINE L. ADAMSKI
JANINEADAMSKI@GMAIL.COM
(630) 370-0820

durk wurks
CREATIVE / EDITORIAL MARKETING
DESIGN
219-331-9230

Amish Built Barns LLC
Largest Amish Dealer in SW Michigan
100 + MODELS ON LOT!
Custom Built!
Rent to Own
(Everyone Approved)
No Credit Check!!
Sizes from 8'x8' to 32'x40'
AmishBuiltBarns.com • 269-876-1323 • 2305 M-139, Benton Harbor, MI
(Old Blossom Lanes Bowling Alley)

LARGEST SELECTION OF SPAS
in the Area!
ARTESIAN SPAS
NORDIC HOT TUBS
CalderaSpas
SENSATIONAL Spas
Monday-Friday 9-5
Saturday 9-2
5595 Red Arrow Hwy.
Stevensville
269-429-7171
35 YEARS ANNIVERSARY
WWW.SENSATIONALHOTTUBS.COM

To Your Health

COLUMN BY KAREN EDWARDS ND

COULD LOW IRON BE CAUSING YOUR SYMPTOMS

Extreme Fatigue is one of the most common signs of iron deficiency. This is due to less oxygen reaching body tissue, depriving them of energy.

Many of us are iron deficient and can go unnoticed until symptoms occur. Prevention is best of course, but when these symptoms are happening on a regular basis, you really should concentrate on getting iron rich foods into your body before something very serious happens.

If you are iron deficient for too long, you can develop iron deficiency anemia. This can cause severe complications, including heart problems like irregular heartbeats or heart failure. Developmental delays in children, pregnancy complications, increased susceptibility to infections, and worsened effects of other chronic conditions can occur. It can also interfere with B12 metabolism.

Iron is crucial for making hemoglobin, a part of red blood cells that carries oxygen to your body's tissues.Without enough iron, your blood cannot carry oxygen effectively, causing serious issues to your health.

If you experience any of these symptoms longer than usual, see your Healthcare practitioner. Iron deficiency can be diagnosed with a simple blood test. Here are some other symptoms. Weakness, pale skin, chest pain, fast heartbeat, shortness of breath, dizziness, restless legs, anxiety, cold hands and feet. Other symptoms can be soreness of your tongue and mouth, dry damaged thinning hair, brittle nails, and even poor attention span.

My go to foods for Iron deficiency is Blackstrap molasses, dates, beet root and dark leafy greens. Here is an Iron Rich smoothie recipe to take regularly. Add to a blender until smooth. ¼ beet root, 1 handful kale, Swisschard or spinach, 1 Tablespoon Blackstrap molasses, 2 pitted dates, 1 frozen banana &1 cup non dairy milk.

Also high in iron are dried beans and lentils, dried raisins, figs, prunes and apricots (all natural without the sulphates)

I like to keep lentils made up in the refrigerator. Just add to your salads, soups, or they are good just by themselves when you need a high protein and iron source pick me up.

Seeing the particular foods that are high in natural iron, it is easy to see why so many are deficient. Vitamin C is important for iron to absorb into your cells. Along with your increase of iron rich foods, increase your intake of fresh citrus fruits and garden-fresh peppers. These are great snacks between meals. Starting your mornings off with a glass of water and fresh squeezed lemon is nutritional insurance for a healthy start of your day.

Today more than ever, we have to take the responsibility of our health into our own hands. DIS-EASE is not a deficiency of prescription drugs; it is a deficiency of nutrients over a long period of time.

The symptoms above could mean other things as well, (thyroid, adrenal stress, cardiovascular) but, it all started with low iron levels over a period of time.

Disclaimer: Everything here is for nutritional education and is not meant to diagnose, treat prevent or cure. See your doctor when you have questions.

PET OF THE WEEK

ELLA

This little girl is growing, so long as you keep her on a diligent feeding schedule. Ella is about 45 pounds, spayed, and her vaccinations are up-to-date. She loves to run, and run freely, so it's best that she has a fenced in yard to roam. Ella is good with other dogs, and may be good with cats. She has a heart-shaped white patch on the back of of her neck, which just shows how much love she has to give. Ella knows how to sit and is ver polite with her manners. Make Ella part of your home today.

AVAILABLE AT THE MICHIANA HUMANE SOCIETY

LOCAL INTELLIGENCE
New Buffalo Times
— SINCE 1942 —

9	2	7	4	5	1	6	8	3
3	1	6	8	7	9	2	5	4
8	4	5	6	3	2	7	9	1
7	8	1	3	6	4	9	2	5
5	3	2	9	1	7	4	6	8
4	6	9	2	8	5	3	1	7
2	9	8	5	4	3	1	7	6
1	5	3	7	2	6	8	4	9
6	7	4	1	9	8	5	3	2

■	F	B	I	■	P	A	C	■	A	A	A	■
T	A	L	C	■	O	K	A	■	A	N	C	E
O	D	U	S	■	N	E	M	A	L	I	N	E
D	O	E	■	S	T	E	E	D	■	L	E	K
■	■	B	U	Y	O	■	L	E	M	■	■	■
C	H	I	G	N	O	N	■	N	A	M	E	D
H	E	R	R	■	N	O	T	■	R	A	N	A
I	N	D	I	A	■	V	I	M	I	N	A	L
■	■	■	C	B	S	■	T	E	N	D	■	■
E	P	A	■	C	A	B	A	S	■	I	S	E
M	A	L	E	S	W	A	N	■	A	B	A	S
S	C	A	B	■	A	B	I	■	P	L	A	E
■	E	E	N	■	N	E	A	■	A	E	R	■

WHEN YOU LOOK GOOD, YOU FEEL GOOD
the Love Spell boutique
9 W MECHANIC ST
NEW BUFFALO, MI

30 N Whittaker St
Deli by day
David's delicatessen & coffee
NEW BUFFALO MICHIGAN
Open 6 days
davidsdeliandcoffee.com

Pets receive their blessing at Church of the Mediator

BY FRANCESCA SAGALA

In honor of the feast day of St. Francis of Assisi, the patron saint of animals and the environment, pets received their annual blessing at a Blessing of the Animals at the Episcopal Church of the Mediator in Harbert Saturday, Oct. 4.

The event is done in the tradition of pets and other animals receiving blessings from clergy, which recognizes their importance in people's lives and in God's creation.

Guests at the church also made donations to the Michiana Humane Society in Michigan City.

Matt and Pat Conrad bring Sasha, Zoe and Gracie to the blessing

Pets receive their blessing from the Rev. Darlene Kuhn

Pets and their humans pray for animals

The Rev. Darlene Kuhn blesses pets

Peggy Lefebvre brings Tucker for his blessing

Calvary Chapel
New Buffalo

CALVARYCHAPELNB.ORG

We are a non-denominational church teaching through the bible line by line
Sunday service 1015 ET
Thursday bible study 7pm ET
Saturday men's bible study 915 ET in person and zoom
Saturday women's bible study 1030 ET on zoom
1615 E Buffalo St. New Buffalo, Mi

INTEGRITY • EXPERIENCE • SUCCESS
L & B
LaRose & Bosco, Ltd.
ATTORNEYS AT LAW
CHICAGO, IL • NEW BUFFALO, MI
MARK A. LAROSE
mlarose@laroseboscolaw.com
Real Estate, Business Law, Commercial Transactions, Injury Law
New Buffalo: (269) 469-8440
Chicago: (312) 642-4414

WHISKEY FOR BREAKFAST
JOURNEYMAN DISTILLERY'S NEW BRUNCH HOURS
Join us at either Journeyman Distillery location for Brunch from 10a–2p, Saturday's and Sunday's.
Enjoy handcrafted brunch menus, artisan cocktails, and a warm, welcoming atmosphere inside our historic spaces.
$5 BLOODY MARYS & MIMOSAS
(BRUNCH HOURS ONLY)
SCAN FOR MENUS
OR VISIT: JOURNEYMAN.COM
JOURNEYMAN
THREE OAKS, MI | VALPARAISO, IN

30 N Whittaker St
Bar by night
the FALSE FRONT
NEW BUFFALO • MI
Open Thursday-Monday
thefalsefrontbar.com

TREECORE
COMPLETE TREE & CRANE SERVICE
269-469-6226
Fully Insured JOE CARR

Trust It To Be Wonderful
Timothy's
RESTAURANT
16409 Red Arrow Highway | Union Pier

Located on the corner of Merchant & Whittaker St
NEW BUFFALO
SHOP LOCAL THIS SEASON
FARMERS MARKET
BY THE BEACH
www.marketbythebeach.com
FRESH EVERY THURSDAY
2-6pm EST
May 1st - October 9th

Auto-Owners INSURANCE
LIFE • HOME • CAR • BUSINESS
HARBOR COUNTRY INSURANCE AGENCY
Gregory A. Bubb, CIC
269-469-4438
212 S Whittaker St.
New Buffalo, MI
www.HARBORCOUNTRYINSURANCE.com

the one and only
the ACORN
THREE OAKS MICHIGAN
acornlive.org

Bloomery
11429 O'Brien Ct, New Buffalo, MI 49117
BLOOMERYCANNABIS.COM
EXIT 1's Best Recreational Selection
BEST PRICES · HIGH QUALITY PRODUCTS · PREMIER LOYALTY PROGRAM · + SO MUCH MORE
LOYALTY LEVEL-UP REWARDS
WE PRICE MATCH
CURBSIDE PICKUP

FREE INFUSED PRE ROLL with $30 purchase
FREE GRAM OF WAX with $50 purchase
FREE MITTEN+ 1G DISPOSABLE with $60 purchase
FREE 3.5 GRAMS FLOWER with $75 purchase
FREE 7 GRAMS FLOWER with $99 purchase
FREE MITTEN PREROLL MULTIPACK with $125 purchase
30% OFF with $150 purchase
FREE BLUE TIER OUNCE with $200 purchase
EXPIRES 8/20/24
Coupons can not be combined or stacked. Rules and restrictions apply. Limit 1 offer per customer. Valid at Bloomery New Buffalo

NOW SERVING FULL BAR!!!
GET A MARGARITA!
BOOK OUR BANQUET HALL FOR ANY EVENT!
AL FUEGO GRILL & BAR
MEXICAN RESTAURANT
BREAKFAST
LUNCH • DINNER
OPEN DAILY • 7AM-10PM
18529 Harbor Country Drive
NEW BUFFALO
FIND US ON GOOGLE